

Lecture: Convex Functions

<http://bicmr.pku.edu.cn/~wenzw/opt-2018-fall.html>

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Introduction

- basic properties and examples
- operations that preserve convexity
- the conjugate function
- quasiconvex functions
- log-concave and log-convex functions
- convexity with respect to generalized inequalities

Definition

$f : \mathbb{R}^n \rightarrow \mathbb{R}$ is convex if $\text{dom } f$ is a convex set and

$$f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y)$$

for all $x, y \in \text{dom } f$, $0 \leq \theta \leq 1$



- f is concave if $-f$ is convex
- f is strictly convex if $\text{dom } f$ is convex and

$$f(\theta x + (1 - \theta)y) < \theta f(x) + (1 - \theta)f(y)$$

for $x, y \in \text{dom } f$, $x \neq y$, $0 < \theta < 1$

Examples on \mathbb{R}

convex:

- affine: $ax + b$ on \mathbb{R} , for any $a, b \in \mathbb{R}$
- exponential: e^{ax} , for any $a \in \mathbb{R}$
- powers: x^α on \mathbb{R}_{++} , for $\alpha \geq 1$ or $\alpha \leq 0$
- powers of absolute value: $|x|^p$ on \mathbb{R} , for $p \geq 1$
- negative entropy: $x \log x$ on \mathbb{R}_{++}

concave:

- affine: $ax + b$ on \mathbb{R} , for any $a, b \in \mathbb{R}$
- powers: x^α on \mathbb{R}_{++} , for $0 \leq \alpha \leq 1$
- logarithm: $\log x$ on \mathbb{R}_{++}

Examples on \mathbb{R}^n and $\mathbb{R}^{m \times n}$

affine functions are convex and concave; all norms are convex

examples on \mathbb{R}^n

- affine function $f(x) = a^T x + b$
- norms: $\|x\|_p = (\sum_{i=1}^n |x_i|^p)^{1/p}$ for $p \geq 1$; $\|x\|_\infty = \max_k |x_k|$

examples on $\mathbb{R}^{m \times n}$ ($m \times n$ matrices)

- affine function

$$f(X) = \text{tr}(A^T X) + b = \sum_{i=1}^m \sum_{j=1}^n A_{ij} X_{ij} + b$$

- spectral (maximum singular value) norm

$$f(X) = \|X\|_2 = \sigma_{\max}(X) = (\lambda_{\max}(X^T X))^{1/2}$$

Restriction of a convex function to a line

$f : \mathbb{R}^n \rightarrow \mathbb{R}$ is convex if and only if the function $g : \mathbb{R} \rightarrow \mathbb{R}$,

$$g(t) = f(x + tv), \quad \text{dom } g = \{t \mid x + tv \in \text{dom } f\}$$

is convex (in t) for any $x \in \text{dom } f, v \in \mathbb{R}^n$

can check convexity of f by checking convexity of functions of one variable

example. $f : \mathbb{S}^n \rightarrow \mathbb{R}$ with $f(X) = \log \det X$, $\text{dom } f = \mathbb{S}_{++}^n$

$$\begin{aligned} g(t) &= \log \det(X + tV) = \log \det X + \log \det(I + tX^{-1/2}VX^{-1/2}) \\ &= \log \det X + \sum_{i=1}^n \log(1 + t\lambda_i) \end{aligned}$$

where λ_i are the eigenvalues of $X^{-1/2}VX^{-1/2}$

g is concave in t (for any choice of $X \succ 0, V$); hence f is concave

矩阵变量函数的导数

- 对于以 $m \times n$ 矩阵 X 为自变量的函数 $f(X)$ ，若存在矩阵 $G \in \mathbb{R}^{m \times n}$ 满足

$$\lim_{V \rightarrow 0} \frac{f(X + V) - f(X) - \langle G, V \rangle}{\|V\|} = 0,$$

其中 $\|\cdot\|$ 是任意矩阵范数，就称矩阵变量函数 f 在 X 处 Fréchet 可微，称 G 为 f 的 Fréchet 导数。

- 设 $f(X)$ 为矩阵变量函数，如果对任意方向 $V \in \mathbb{R}^{m \times n}$ ，存在矩阵 $G \in \mathbb{R}^{m \times n}$ 满足

$$\lim_{t \rightarrow 0} \frac{f(X + tV) - f(X) - t \langle G, V \rangle}{t} = 0,$$

那我们称 f 关于 X Gateaux 可微。满足上式的 G 称为 f 在 X 处的 Gateaux 导数。

矩阵变量函数的导数

- 当 f 是Fréchet 可微函数时 f 也是Gateaux 可微且两种导数相等.
- 和Fréchet 导数的定义进行对比不难发现, Gateaux 导数实际上是方向导数的某种推广, 它针对一元函数考虑极限, 因此计算Gateaux 导数是更容易实现的.
- 从二者定义容易看出, 若 f 是Fréchet 可微的, 则 f 也是Gateaux 可微的, 且 f 的Fréchet 导数和Gateaux 导数是相等的. 但这一命题反过来不一定成立.

矩阵变量函数的导数

考虑二次函数： $f(X, Y) = \frac{1}{2} \|XY - A\|_F^2$ ，其中 $(X, Y) \in \mathbb{R}^{m \times p} \times \mathbb{R}^{p \times n}$ 。对变量 Y ，取任意方向 V 以及充分小的 $t \in \mathbb{R}$ 有

$$\begin{aligned} f(X, Y + tV) - f(X, Y) &= \frac{1}{2} \|X(Y + tV) - A\|_F^2 - \frac{1}{2} \|XY - A\|_F^2 \\ &= \langle tXV, XY - A \rangle + \frac{1}{2} t^2 \|XV\|_F^2 \\ &= t \langle V, X^T(XY - A) \rangle + \mathcal{O}(t^2). \end{aligned}$$

由定义可知 $\frac{\partial f}{\partial Y} = X^T(XY - A)$ 。

对变量 X ，取任意方向 V 以及充分小的 $t \in \mathbb{R}$ ，有

$$\begin{aligned} f(X + tV, Y) - f(X, Y) &= \frac{1}{2} \|(X + tV)Y - A\|_F^2 - \frac{1}{2} \|XY - A\|_F^2 \\ &= \langle tVY, XY - A \rangle + \frac{1}{2} t^2 \|VY\|_F^2 \\ &= t \langle V, (XY - A)Y^T \rangle + \mathcal{O}(t^2). \end{aligned}$$

由定义可知 $\frac{\partial f}{\partial X} = (XY - A)Y^T$ 。

Extended-value extension

extended-value extension \tilde{f} of f is

$$\tilde{f}(x) = f(x), \quad x \in \text{dom } f, \quad \tilde{f}(x) = \infty, \quad x \notin \text{dom } f$$

often simplifies notation; for example, the condition

$$0 \leq \theta \leq 1 \implies \tilde{f}(\theta x + (1 - \theta)y) \leq \theta \tilde{f}(x) + (1 - \theta)\tilde{f}(y)$$

(as an inequality in $\mathbb{R} \cup \{\infty\}$), means the same as the two conditions

- $\text{dom } f$ is convex
- for $x, y \in \text{dom } f$,

$$0 \leq \theta \leq 1 \implies f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y)$$

First-order condition

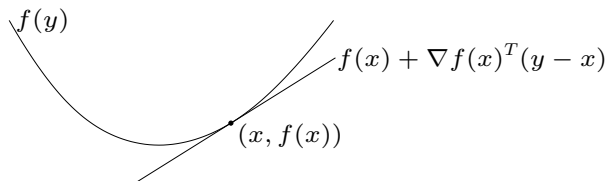
f is **differentiable** if $\text{dom } f$ is open and the gradient

$$\nabla f(x) = \left(\frac{\partial f(x)}{\partial x_1}, \frac{\partial f(x)}{\partial x_2}, \dots, \frac{\partial f(x)}{\partial x_n} \right)$$

exists at each $x \in \text{dom } f$

1st-order condition: differentiable f with convex domain is convex iff

$$f(y) \geq f(x) + \nabla f(x)^T (y - x) \quad \text{for all } x, y \in \text{dom } f$$



first-order approximation of f is global underestimator

Second-order conditions

f is **twice differentiable** if $\text{dom } f$ is open and the Hessian $\nabla^2 f(x) \in \mathbb{S}^n$,

$$\nabla^2 f(x)_{ij} = \frac{\partial^2 f(x)}{\partial x_i \partial x_j}, \quad i, j = 1, \dots, n,$$

exists at each $x \in \text{dom } f$

2nd-order conditions: for twice differentiable f with convex domain

- f is convex if and only if

$$\nabla^2 f(x) \succeq 0 \quad \text{for all } x \in \text{dom } f$$

- if $\nabla^2 f(x) \succ 0$ for all $x \in \text{dom } f$, then f is strictly convex

Examples

quadratic function: $f(x) = (1/2)x^T Px + q^T x + r$ (with $P \in \mathbb{S}^n$)

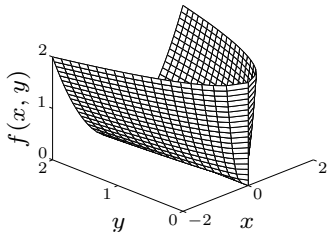
$$\nabla f(x) = Px + q, \quad \nabla^2 f(x) = P$$

convex if $P \succeq 0$

least-squares objective: $f(x) = \|Ax - b\|_2^2$

$$\nabla f(x) = 2A^T(Ax - b), \quad \nabla^2 f(x) = 2A^T A$$

convex (for any A)



quadratic-over-linear: $f(x, y) = x^2/y$

$$\nabla^2 f(x, y) = \frac{2}{y^3} \begin{bmatrix} y \\ -x \end{bmatrix} \begin{bmatrix} y \\ -x \end{bmatrix}^T \succeq 0$$

convex for $y > 0$

log-sum-exp: $f(x) = \log \sum_{k=1}^n \exp x_k$ is convex

$$\nabla^2 f(x) = \frac{1}{\mathbf{1}^T z} \text{diag}(z) - \frac{1}{(\mathbf{1}^T z)^2} z z^T \quad (z_k = \exp x_k)$$

to show $\nabla^2 f(x) \succeq 0$, we must verify that $v^T \nabla^2 f(x) v \geq 0$ for all v :

$$v^T \nabla^2 f(x) v = \frac{(\sum_k z_k v_k^2)(\sum_k z_k) - (\sum_k v_k z_k)^2}{(\sum_k z_k)^2} \geq 0$$

since $(\sum_k v_k z_k)^2 \leq (\sum_k z_k v_k^2)(\sum_k z_k)$ (from Cauchy-Schwartz inequality)

geometric mean: $f(x) = (\prod_{k=1}^n x_k)^{1/n}$ on \mathbb{R}_{++}^n is concave
(similar proof as for log-sum-exp)

适当函数

- **适当函数**: 给定广义实值函数 f 和非空集合 \mathcal{X} . 如果存在 $x \in \mathcal{X}$ 使得 $f(x) < +\infty$, 并且对任意的 $x \in \mathcal{X}$, 都有 $f(x) > -\infty$, 那么称函数 f 关于集合 \mathcal{X} 是适当的.
- 概括来说, 适当函数 f 的特点是“至少有一处取值不为正无穷”, 以及“处处取值不为负无穷”. 对最优化问题 $\min_x f(x)$, 适当函数可以帮助去掉一些我们不感兴趣的函数, 从而在一个比较合理的函数类中考虑最优化问题.
- 对于适当函数 f , 规定其定义域

$$\text{dom}f = \{x \mid f(x) < +\infty\}.$$

正是因为适当函数的最小值不可能在函数值为无穷处取到, 因此 $\text{dom}f$ 的定义方式是自然的.

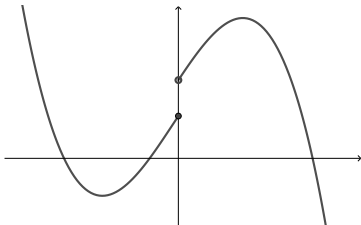
下半连续函数

- 设 $f: \mathbb{R}^n \rightarrow \overline{\mathbb{R}}$ 为广义实值函数, 若 $\text{epi } f$ 为闭集, 则称 f 为闭函数.
- 设广义实值函数 $f: \mathbb{R}^n \rightarrow \overline{\mathbb{R}}$, 若对任意的 $x \in \mathbb{R}^n$, 有

$$\liminf_{y \rightarrow x} f(y) \geq f(x),$$

则 $f(x)$ 为下半连续函数

- 设广义实值函数 $f: \mathbb{R}^n \rightarrow \overline{\mathbb{R}}$, 则以下命题等价:
 - ① $f(x)$ 的任意 α -下水平集都是闭集;
 - ② $f(x)$ 是下半连续的;
 - ③ $f(x)$ 是闭函数.



Epigraph and sublevel set

α -**sublevel set** of $f : \mathbb{R}^n \rightarrow \mathbb{R}$:

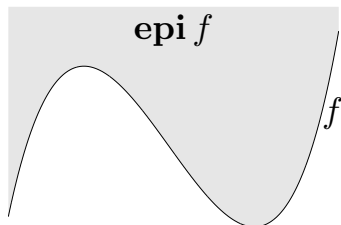
$$C_\alpha = \{x \in \text{dom } f \mid f(x) \leq \alpha\}$$

sublevel sets of convex functions are convex (converse is false)

epigraph of $f : \mathbb{R}^n \rightarrow \mathbb{R}$:

$$\text{epi } f = \{(x, t) \in \mathbb{R}^{n+1} \mid x \in \text{dom } f, f(x) \leq t\}$$

f is convex if and only if $\text{epi } f$ is a convex set



Monotonicity

- A mapping $F : \mathbb{R}^n \rightarrow \mathbb{R}^n$ is monotone if

$$\langle F(x) - F(y), x - y \rangle \geq 0, \quad x, y \in \mathbb{R}^n.$$

- A mapping $F : \mathbb{R}^n \rightarrow \mathbb{R}^n$ is uniformly monotone if there exists a constant $c > 0$ such that

$$\langle F(x) - F(y), x - y \rangle \geq c\|x - y\|^2, \quad x, y \in \mathbb{R}^n.$$

- Suppose that $f(x) : \mathbb{R}^n \rightarrow \mathbb{R}$ is differentiable, then $f(x)$ is convex if and only if $\nabla f(x)$ is monotone.

Jensen's inequality

basic inequality: if f is convex, then for $0 \leq \theta \leq 1$,

$$f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y)$$

extension: if f is convex, then

$$f(\mathbf{E}z) \leq \mathbf{E}f(z)$$

for any random variable z

basic inequality is special case with discrete distribution

$$\text{prob}(z = x) = \theta, \quad \text{prob}(z = y) = 1 - \theta$$

Operations that preserve convexity

practical methods for establishing convexity of a function

- 1 verify definition (often simplified by restricting to a line)
- 2 for twice differentiable functions, show $\nabla^2 f(x) \succeq 0$
- 3 show that f is obtained from simple convex functions by operations that preserve convexity
 - nonnegative weighted sum
 - composition with affine function
 - pointwise maximum and supremum
 - composition
 - minimization
 - perspective

Positive weighted sum & composition with affine function

nonnegative multiple: αf is convex if f is convex, $\alpha \geq 0$

sum: $f_1 + f_2$ convex if f_1, f_2 convex (extends to infinite sums, integrals)

composition with affine function: $f(Ax + b)$ is convex if f is convex

examples

- log barrier for linear inequalities

$$f(x) = - \sum_{i=1}^m \log(b_i - a_i^T x), \quad \text{dom } f = \{x \mid a_i^T x < b_i, i = 1, \dots, m\}$$

- (any) norm of affine function: $f(x) = \|Ax + b\|$

Pointwise maximum

if f_1, \dots, f_m are convex, then $f(x) = \max\{f_1(x), \dots, f_m(x)\}$ is convex

examples

- piecewise-linear function: $f(x) = \max_{i=1, \dots, m} (a_i^T x + b_i)$ is convex
- sum of r largest components of $x \in \mathbb{R}^n$:

$$f(x) = x_{[1]} + x_{[2]} + \dots + x_{[r]}$$

is convex ($x_{[i]}$ is i th largest component of x)

proof:

$$f(x) = \max\{x_{i_1} + x_{i_2} + \dots + x_{i_r} \mid 1 \leq i_1 < i_2 < \dots < i_r \leq n\}$$

Pointwise supremum

if $f(x, y)$ is convex in x for each $y \in \mathcal{A}$, then

$$g(x) = \sup_{y \in \mathcal{A}} f(x, y)$$

is convex

examples

- support function of a set C : $S_C(x) = \sup_{y \in C} y^T x$ is convex
- distance to farthest point in a set C :

$$f(x) = \sup_{y \in C} \|x - y\|$$

- maximum eigenvalue of symmetric matrix: for $X \in \mathbb{S}^n$,

$$\lambda_{\max}(X) = \sup_{\|y\|_2=1} y^T X y$$

Composition with scalar functions

composition of $g : \mathbb{R}^n \rightarrow \mathbb{R}$ and $h : \mathbb{R} \rightarrow \mathbb{R}$:

$$f(x) = h(g(x))$$

f is convex if g convex, h convex, \tilde{h} nondecreasing
 g concave, h convex, \tilde{h} nonincreasing

- proof (for $n = 1$, differentiable g, h)

$$f''(x) = h''(g(x))g'(x)^2 + h'(g(x))g''(x)$$

- note: monotonicity must hold for extended-value extension \tilde{h}

examples

- $\exp g(x)$ is convex if g is convex
- $1/g(x)$ is convex if g is concave and positive

Vector composition

composition of $g : \mathbb{R}^n \rightarrow \mathbb{R}^k$ and $h : \mathbb{R}^k \rightarrow \mathbb{R}$:

$$f(x) = h(g(x)) = h(g_1(x), g_2(x), \dots, g_k(x))$$

f is convex if g_i convex, h convex, \tilde{h} nondecreasing in each argument
 g_i concave, h convex, \tilde{h} nonincreasing in each argument

proof (for $n = 1$, differentiable g, h)

$$f''(x) = g'(x)^T \nabla^2 h(g(x)) g'(x) + \nabla h(g(x))^T g''(x)$$

examples

- $\sum_{i=1}^m \log g_i(x)$ is concave if g_i are concave and positive
- $\log \sum_{i=1}^m \exp g_i(x)$ is convex if g_i are convex

Minimization

if $f(x, y)$ is convex in (x, y) and C is a convex set, then

$$g(x) = \inf_{y \in C} f(x, y)$$

is convex

examples

- $f(x, y) = x^T A x + 2x^T B y + y^T C y$ with

$$\begin{bmatrix} A & B \\ B^T & C \end{bmatrix} \succeq 0, \quad C \succ 0$$

minimizing over y gives $g(x) = \inf_y f(x, y) = x^T (A - B C^{-1} B^T) x$
 g is convex, hence Schur complement $A - B C^{-1} B^T \succeq 0$

- distance to a set: $\text{dist}(x, S) = \inf_{y \in S} \|x - y\|$ is convex if S is convex

Perspective

the **perspective** of a function $f : \mathbb{R}^n \rightarrow \mathbb{R}$ is the function

$$g : \mathbb{R}^n \times \mathbb{R} \rightarrow \mathbb{R},$$

$$g(x, t) = tf(x/t), \quad \text{dom } g = \{(x, t) | x/t \in \text{dom } f, t > 0\}$$

g is convex if f is convex

examples

- $f(x) = x^T x$ is convex; hence $g(x, t) = x^T x/t$ is convex for $t > 0$
- negative logarithm $f(x) = -\log x$ is convex; hence relative entropy $g(x, t) = t \log t - t \log x$ is convex on \mathbb{R}_{++}^2
- if f is convex, then

$$g(x) = (c^T x + d)f((Ax + b)/(c^T x + d))$$

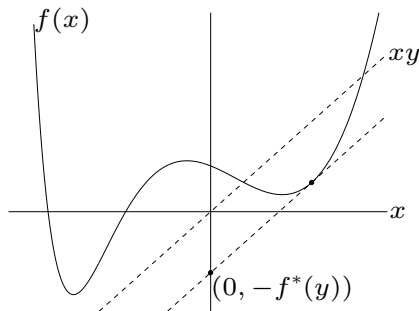
is convex on $\{x | c^T x + d > 0, (Ax + b)/(c^T x + d) \in \text{dom } f\}$

The conjugate function

the **conjugate** of a function f is

$$f^*(y) = \sup_{x \in \text{dom } f} (y^T x - f(x))$$

- f^* is convex (even if f is not)
- will be useful in chapter 5



examples

- negative logarithm $f(x) = -\log x$

$$\begin{aligned} f^*(y) &= \sup_{x>0} (xy + \log x) \\ &= \begin{cases} -1 - \log(-y) & y < 0 \\ \infty & \text{otherwise} \end{cases} \end{aligned}$$

- strictly convex quadratic $f(x) = (1/2)x^T Qx$ with $Q \in \mathbb{S}_{++}^n$

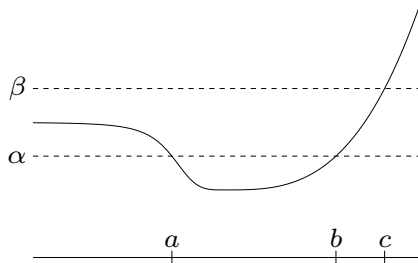
$$\begin{aligned} f^*(y) &= \sup_x (y^T x - (1/2)x^T Qx) \\ &= \frac{1}{2} y^T Q^{-1} y \end{aligned}$$

Quasiconvex functions

$f : \mathbb{R}^n \rightarrow \mathbb{R}$ is quasiconvex if $\text{dom } f$ is convex and the sublevel sets

$$S_\alpha = \{x \in \text{dom } f \mid f(x) \leq \alpha\}$$

are convex for all α



- f is quasiconcave if $-f$ is quasiconvex
- f is quasilinear if it is quasiconvex and quasiconcave

Examples

- $\sqrt{|x|}$ is quasiconvex on \mathbb{R}
- $\text{ceil}(x) = \inf\{z \in \mathbb{Z} | z \geq x\}$ is quasilinear
- $\log x$ is quasilinear on \mathbb{R}_{++}
- $f(x_1, x_2) = x_1 x_2$ is quasiconcave on \mathbb{R}_{++}^2
- linear-fractional function

$$f(x) = \frac{a^T x + b}{c^T x + d}, \quad \text{dom } f = \{x | c^T x + d > 0\}$$

is quasilinear

- distance ratio

$$f(x) = \frac{\|x - a\|_2}{\|x - b\|_2}, \quad \text{dom } f = \{x | \|x - a\|_2 \leq \|x - b\|_2\}$$

is quasiconvex

internal rate of return

- cash flow $x = (x_0, \dots, x_n)$; x_i is payment in period i (to us if $x_i > 0$)
- we assume $x_0 < 0$ and $x_0 + x_1 + \dots + x_n > 0$
- present value of cash flow x , for interest rate r :

$$\text{PV}(x, r) = \sum_{i=0}^n (1+r)^{-i} x_i$$

- internal rate of return is smallest interest rate for which $\text{PV}(x, r) = 0$:

$$\text{IRR}(x) = \inf\{r \geq 0 \mid \text{PV}(x, r) = 0\}$$

IRR is quasiconcave: superlevel set is intersection of open halfspaces

$$\text{IRR}(x) \geq R \iff \sum_{i=0}^n (1+r)^{-i} x_i > 0 \text{ for } 0 \leq r < R$$

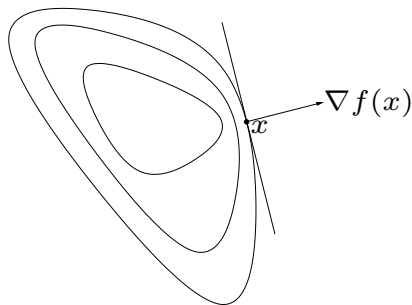
Properties

modified Jensen inequality: for quasiconvex f

$$0 \leq \theta \leq 1 \implies f(\theta x + (1 - \theta)y) \leq \max\{f(x), f(y)\}$$

first-order condition: differentiable f with cvx domain is quasiconvex
iff

$$f(y) \leq f(x) \implies \nabla f(x)^T (y - x) \leq 0$$



sums of quasiconvex functions are not necessarily quasiconvex

Log-concave and log-convex functions

a positive function f is log-concave if $\log f$ is concave:

$$f(\theta x + (1 - \theta)y) \geq f(x)^\theta f(y)^{1-\theta} \quad \text{for } 0 \leq \theta \leq 1$$

f is log-convex if $\log f$ is convex

- powers: x^a on \mathbb{R}_{++} is log-convex for $a \leq 0$, log-concave for $a \geq 0$
- many common probability densities are log-concave, e.g., normal:

$$f(x) = \frac{1}{\sqrt{(2\pi)^n \det \Sigma}} e^{-\frac{1}{2}(x-\bar{x})^T \Sigma^{-1}(x-\bar{x})}$$

- cumulative Gaussian distribution function Φ is log-concave

$$\Phi(x) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^x e^{-u^2/2} du$$

Properties of log-concave functions

- twice differentiable f with convex domain is log-concave if and only if

$$f(x)\nabla^2 f(x) \preceq \nabla f(x)\nabla f(x)^T$$

for all $x \in \text{dom } f$

- product of log-concave functions is log-concave
- sum of log-concave functions is not always log-concave
- integration: if $f : \mathbb{R}^n \times \mathbb{R}^m \rightarrow \mathbb{R}$ is log-concave, then

$$g(x) = \int f(x, y) dy$$

is log-concave (not easy to show)

consequences of integration property

- convolution $f * g$ of log-concave functions f, g is log-concave

$$(f * g)(x) = \int f(x - y)g(y)dy$$

- if $C \subseteq \mathbb{R}^n$ convex and y is a random variable with log-concave pdf then

$$f(x) = \text{prob}(x + y \in C)$$

is log-concave

proof: write $f(x)$ as integral of product of log-concave functions

$$f(x) = \int g(x + y)p(y)dy, \quad g(u) = \begin{cases} 1 & u \in C \\ 0 & u \notin C, \end{cases}$$

p is pdf of y

example: yield function

$$Y(x) = \text{prob}(x + w \in S)$$

- $x \in \mathbb{R}^n$: nominal parameter values for product
- $w \in \mathbb{R}^n$: random variations of parameters in manufactured product
- S : set of acceptable values

if S is convex and w has a log-concave pdf, then

- Y is log-concave
- yield regions $\{x | Y(x) \geq \alpha\}$ are convex

Convexity with respect to generalized inequalities

$f : \mathbb{R}^n \rightarrow \mathbb{R}^m$ is K -convex if $\text{dom } f$ is convex and

$$f(\theta x + (1 - \theta)y) \preceq_K \theta f(x) + (1 - \theta)f(y)$$

for $x, y \in \text{dom } f$, $0 \leq \theta \leq 1$

example $f : \mathbb{S}^m \rightarrow \mathbb{S}^m$, $f(X) = X^2$ is \mathbb{S}_+^m -convex

proof: for fixed $z \in \mathbb{R}^m$, $z^T X^2 z = \|Xz\|_2^2$ is convex in X , *i.e.*,

$$z^T (\theta X + (1 - \theta)Y)^2 z \leq \theta z^T X^2 z + (1 - \theta)z^T Y^2 z$$

for $X, Y \in \mathbb{S}^m$, $0 \leq \theta \leq 1$

therefore $(\theta X + (1 - \theta)Y)^2 \preceq \theta X^2 + (1 - \theta)Y^2$