

## EXERCISE SHEET #1

Let  $\mathbb{H}^n = \{x \in \mathbb{R}^n : x_n > 0\}$  be the upper half space equipped with hyperbolic metric  $\rho$  (induced from Riemannian metric  $\frac{|dx|^2}{x_n^2}$ ).

**Exercise 0.1** (Nearest projection). (1) Let  $x$  be in  $\mathbb{H}^n$ . Show that the nearest point to  $x$  on the positive  $n$ -th axis is  $|x|e_n$  and we have

$$\cosh \rho(x, |x|e_n) = \frac{|x|}{x_n}$$

(2) Let  $\pi$  be the nearest point projection of a point  $x \in \mathbb{H}^n$  onto the positive  $n$ -th axis defined by  $\pi(x) = |x|e_n$ . Prove that for all  $x, y \in \mathbb{H}^n$ , we have

$$\rho(\pi(x), \pi(y)) \leq \rho(x, y)$$

with equality if and only if either  $x = y$  or  $x$  and  $y$  lie on the  $n$ -th axis.

Let  $\gamma$  be a geodesic in  $(\mathbb{H}^n, \rho)$  for  $n \geq 2$ . Let  $\pi_\gamma : \mathbb{H}^n \rightarrow \gamma$  be the nearest point projection map: for any  $x \in \mathbb{H}^n$ ,

$$\rho(x, \pi_\gamma(x)) = \inf_{y \in \gamma} \rho(x, y).$$

**Exercise 0.2** (Strong contraction). Show that for any hyperbolic ball  $B$  in  $(\mathbb{H}^n, \rho)$  with  $B \cap \gamma = \emptyset$ , we have

$$\text{diam}(\pi_\gamma(B)) \leq 2 \log(1 + \sqrt{2})$$

where  $\text{diam}$  is taken with respect to  $\rho$ .

**Exercise 0.3** (Poincaré extension). Suppose that  $\phi \in M(\hat{\mathbb{R}}^{n+1})$  preserves  $\mathbb{H}^{n+1}$ . Then  $\phi$  is the Poincaré extension of some  $\psi \in M(\hat{\mathbb{R}}^n)$ .

Let  $(\mathbb{B}^n, \rho)$  be the ball model of  $n$ -dimensional hyperbolic space, and  $\mathbb{S}^{n-1}$  be the  $(n-1)$ -sphere equipped with Euclidean metric  $|x-y|$ . As a set,  $\mathbb{S}^{n-1}$  can be identified with the set of geodesic rays from the origin  $o$ .

For any three points  $o, x, y \in \mathbb{B}^n$ , we define the Gromov product

$$\langle x, y \rangle_o := \frac{\rho(x, o) + \rho(y, o) - \rho(x, y)}{2}$$

The metric  $|\cdot|$  on  $\mathbb{S}^{n-1}$  can be recovered from the hyperbolic geometry.

**Exercise 0.4** (Visual metric). Let  $\alpha, \beta : [0, \infty) \rightarrow (\mathbb{B}^n, \rho)$  be two distinct geodesic rays (i.e.: isometric embedding) from  $o$  ending at two points  $p, q \in \mathbb{S}^{n-1}$  respectively. Define

$$\delta(\alpha, \beta) := \lim_{t \rightarrow \infty} e^{-\langle \alpha(t), \beta(t) \rangle_o}.$$

Prove that  $2\delta(\alpha, \beta) = |p - q|$ . The so-defined function  $\delta$  is called visual metric.

(Tips: use Hyperbolic Cosine Rule (in Beardon's book))

**Consequences of thin triangle property.** We know that there exists a universal constant  $\delta > 0$  (independent of  $n$ ) such that any geodesic triangle in  $(\mathbb{H}^n, \rho)$  is  $\delta$ -thin: any side is contained in the  $\delta$ -neighborhood of the other two sides.

**Exercise 0.5** (Gromov product). *Prove that*

$$\rho(o, [x, y]) - 2\delta \leq \langle x, y \rangle_o \leq \rho(o, [x, y])$$

where  $[x, y]$  denotes the geodesic with endpoints  $x, y$ .

A path  $p : [0, 1] \rightarrow (\mathbb{H}^n, \rho)$  is called *rectifiable* if its length defined as follows is finite:

$$\text{Len}(p) := \sup \left\{ \sum_{i=0}^n \rho(p(t_i), p(t_{i+1})) \right\}$$

over all finite subdivision  $t_0 = 0 < t_1 < t_2 \cdots < t_n = 1$  of  $[0, 1]$ .

**Exercise 0.6.** *Let  $\alpha$  be a geodesic segment and  $p$  be a rectifiable path with length  $s \geq 2$  with the same endpoints as  $\alpha$ . Then any point  $z \in \alpha$  has a distance at most  $(1 + \delta \log_2 s)$  to  $p$ :*

$$\rho(z, p) \leq 1 + \delta \log_2 s$$

where  $\delta > 0$  is the thin constant from Exercise 0.1. (Tips: subdivide inductively the path  $p$  by half and then apply  $\delta$ -thin triangle property. )

**Corollary 0.7** (Exponential perimeter). *If  $p$  is disjoint with a (hyperbolic) ball centered at the middle point in  $\alpha$  with radius  $R = \frac{\text{Len}(\alpha)}{2} - 1$ , then*

$$s \geq 2^{\delta^{-1}(R-2)}.$$